

# AFRAID OF A LITTLE LETTUCE



“Let no corrupt (worthless) communication proceed out of your mouth, but that which is good to the use of edifying (building up), that it may minister grace unto the Hearers.” Ephesians 4:29 Authorized King James Bible

There was a big family dinner at the Smith’s house. The table in the dining room was much too small. Two other tables were set up. The three tables stretched all the way from the dining room through the living room.

Aunt Debbie was at one end of the row of tables. Johnny was at the other end. Johnny looked across at Aunt Debbie and smiled. Then he looked at her salad. It was a half a peach on some lettuce.

A little piece of lettuce was on the peach. Johnny couldn’t see what it really was.

“Aunt Debbie,” he said, “is that a worm on your peach?” Johnny didn’t mean to say anything bad. But what do you know...Aunt Debbie couldn’t eat her peach after that. She knew the little green thing was only a sliver of lettuce, but now she couldn’t eat it. She kept thinking about the worm Johnny had said it might be. That’s how powerful Words are. Johnny didn’t tie Aunt Debbie up, or hold back her arm. He just talked...but his words kept her from eating.

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Talk is a lot more powerful than we think. It can do a lot to people. It can do good and it can do harm. That's why the Holy Bible tells us to be careful with our talk.

In Ephesians 4, God says, To Let no worthless and potentially harmful talk come out of your mouth, but only that which is good.

Good talk is that which helps other people. And the best talk is that which helps other people get the love of God. Do you know what kind of talk that is? It is talk about Jesus and what He did for us, and what He wants us to do for Him."

(To love one another and be kind and good to everyone and how they need to repent for their sins and live for Jesus.)

**Bible Reading: Matthew 12:33-37 for older children and Adults.**

**LET US PRAY:**

**Dear Lord Jesus, Please forgive us for all the words we say that may hurt someone. Help us to know how powerful words can be, and teach us to say only words that do good. Make us willing to talk a lot about our Lord Jesus and His love. Thank you, Jesus! Amen.**



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