

## Change your Attitude, Change Your Life



In the Holy Bible it says, "As a man thinketh, so he is." Pr. 23:7 Our Attitude in approaching every day life, in other words, how we handle the things that happen in our lives, will affect our mind in leading a godly life in Christ Jesus. We need to walk thru life with a "Can Do" Attitude, and not with a "Woe is me," approach to life. The Bible says that we will have what we say, and if we continually have a negative, self-condemning attitude, we will have a Loser mentality. Be an Overcomer ... not a Giver-upper! God has already placed our abilities to overcome within us. By Faith in Christ and trusting in His Word, we can overcome all the obstacles in our life, with His wonderful help! Looking at life, and being thankful for what we Do have, rather than what we Don't have, is being in agreement with God and the promises in His Word. So, lining up our thought life with God's Word will make all the difference in the quality and happiness for our daily living.

If we have this approach, we will find that living our life with a Positive Attitude, and refusing the negative thoughts and feelings is the right way to go. For instance, say and think, "I can do All things through Christ which strengthens me." Phil. 4:13 However, if we often say, "I Can't" or, "Yes But" we will tend to stay in the Loser's circle. There is a saying that pastor's often say, "Goats But, Sheep Follow." When we follow our Shepherd, The Lord Jesus Christ, we can't lose! In Christ we Win! We can think like, My cup is half full, instead of half empty. We need to understand that our Heavenly Father will help us do all things because He promised to in His Word. We can use overcoming verses in our Bible and mix it with Faith. This helps immensely along with positive self-talk. We can say something positive when we feel like saying something negative; like when you get up in the morning, say, for example: "I am going to have a good day, no matter what happens; Keeping our commitment to stay with a thankful Attitude thru-out the day. Make the devil mad; make a commitment to say the direct opposite of the how you feel, or how things seem! We walk by Faith, and not by our emotions. The devil simply hates positive speech!

Do you know why ... because it makes us Overcomers! Focusing on what God says in His Word does make All the difference! Using scriptures along with positive self-talk is a great Goal to work on; and we can liberally apply them to our daily life. It gives us positive feedback within ourselves and also influences those around us. **Here are some scripture examples:** "My God shall supply all my Need according to His riches in glory by Christ Jesus." Phil. 4:19 "I can do all things through Christ which strengthens me." Phil. 4:13 "But thanks be unto God which always causeth us to Triumph in Christ..." 2 Cor. 2:14 "Many are the afflictions of the righteous but the Lord delivers him out of them all." Ps. 34:19 "A merry heart doeth good like a medicine." Pr. 17:22 "He that is of a merry heart hath a continual feast." Pr. 15:15 "Commit thy works unto the Lord, and thy thoughts shall be established." Pr. 16:3 "Delight thyself in the Lord and He shall give thee the Desires of thine heart." "Commit thy way unto the Lord, Trust also in Him, and He shall bring it to pass."

**Ps. 37:4 Scripts To Dwell**

**On:** “The Lord is my shepherd, I shall not lack... “For the Lord God is a Sun and Shield: the Lord will give grace (graciousness) and glory: No Good thing will He withhold from them that walk uprightly.” Ps. 84:11,23 “Cast thy burden upon the Lord, and He shall sustain thee: He shall never suffer the righteous to be moved.” (slide out of place) Ps. 55:22 “They that Trust in the Lord shall be as Mount Zion, which cannot be removed, but abideth forever!” “As the mountains are round about Jerusalem, so the Lord is round about His people from henceforth even for ever!” Ps. 125:1-2 “Bless the Lord, O my soul: and forget not all His Benefits: Who forgiveth all thine iniquities, who Healeth all thy Diseases...” Ps. 103:3-4 “Trust in the Lord with all thine heart, and lean not unto thine own understanding.” “In all thy ways acknowledge Him, and He shall direct thy paths.” Pr. 3:5-6 “The steps of a good man are ordered by the Lord: and he delighteth in His way.” “Though he fall, he shall not be utterly cast down: for the Lord upholdeth him with His Hand.”

“I have been young and now am old; yet have I not seen the righteous forsaken, nor His seed begging bread.” “He is ever Merciful, and lendeth; and His seed is Blessed!” Ps. 37:23-26 “In the multitude of my thoughts within me Thy Comforts Delight my Soul!” Ps. 94:19 “Blessed be the Lord, who daily loadeth us with Benefits, even the God of our Salvation!” Ps. 68:19 “In the day of trouble I will call upon Thee: for Thou wilt answer me.” Ps. 86:7 “But Thou, O Lord, Art a God full of Compassion, and Gracious, Longsuffering, and Plenteous in Mercy.” Ps. 86:15 “The Lord is my Light and my Salvation; whom shall I fear? The Lord is the Strength of my life; of whom shall I be Afraid?” Ps. 27:1 “I will lift up mine eyes unto the hills, from whence cometh my Help.” “My Help cometh from the Lord, which made Heaven and Earth.” “He will not suffer thy foot to be moved: He that keepeth thee will not slumber.” “Behold, He that keepeth Israel will neither slumber nor sleep.” “The Lord is thy keeper: the Lord is thy shade upon thy right hand.” Ps. 121:1-4 The Lord is Good, a Stronghold in the day of trouble.” Nahum 1:7 “But unto you that fear My Name shall the Sun of righteousness arise with Healing in His Wings!” Mal. 4:2

“Fear thou not, for I am with thee: be not Dismayed; for I am thy God: I will Strengthen thee; Yea, I will Help thee; Yea, I will uphold thee with the right hand of My righteousness!” Is. 41:10 “But to this man will I look, even to Him that is poor and of a contrite spirit, and trembleth at My Word.” Is. 66:2 Note: We need to get outside of ourselves. It's about Jesus, and our relationship with Him that counts, and doing His Divine Will for our life...not about us. Delightful Psalm 100! “Make a joyful Noise unto the Lord, all ye lands.” “Serve the Lord with Gladness: come before His presence with Singing.” “Know ye that the Lord He is God: it is He that hath made us, and not we ourselves; we are His people, and the sheep of His pasture.” “Enter into His courts with Praise: be Thankful unto Him, and Bless His Name.” “For the Lord is Good: His mercy endureth to all generations!”

