

Locked Up But Not Locked Out



LOCKED-UP BUT NOT LOCKED-OUT

Being in jail is not a pleasant place for anyone to be in.

You lose all your rights and privileges, when you are incarcerated.

You are told when to get up, when to shower, when to eat, when recreation time, when to sleep and when to have visits.

No privacy no windows, only maybe one on the door and some of them are shut as well.

This can take a toll on anyone's mind. You are confined to an 8x10 or 6x8 cell with just only a sink and a toilet that you have to share with your cellmate.

You don't have the freedom to come and go when you please, you can't make a phone call to call home when you want.

You are now molded and institutionalized by the system.

You even have to wear their clothes, and not your own. You may be locked-up but not locked-out.

You may be locked-up physically, but you are not locked-out mentally. In Romans 12:2 said; that we are not conformed to this world, but be transformed by the renewing of your mind.

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When you are in prison you feel isolated, unloved and forsaken.

But God promises that He will never forsake you if you will repent and ask for His forgiveness.

We made many of our decisions based on the lust of our flesh, and our flesh got us into all kinds of trouble, no matter if it hurts us or not.

The word of God say's that we are troubled on every side, yet not distressed; we are perplexed, but not in despair, persecuted, but not forsaken, cast down, but not destroyed.

II Cor. 4:8-9.

If you are sitting in prison and can read this, then you need to Learn how to be free in your mind. Don't let the devil play with your head. Your mind is the battle ground. An idle mind is the enemy's workshop. For the eyes never get enough of seeing and the ears never get enough of hearing, and our bodies never get enough of indulging. We have to exercise stopping sense.

And how we do this? By the word of God;

Just pray this prayer,

Dear God,

I am in prison, but I know that I am not alone. I know that You are here with me and waiting patiently for me to call on You for comfort. I repent of my sins, Please come into my heart and cleanse me. I believe that Jesus died on the cross to pay the penalty for my sins so I could receive forgiveness. Please help me to say and do the right things from this moment on. I will read my bible daily I will pray. I will turn the other cheek when someone offends me. And I will give you the glory for saving my soul.

In Jesus name, Amen

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