The Bible says it this way, “all have sinned and come short of the glory of God.” (Romans 3:23) As a result, “the wages of sin is death.” (Romans 6:23)

Fortunately, there is a solution to this problem. There is hope for those who want to accept it.

The Bible tells us that Jesus Christ, who is God, came to earth to solve our problem. We celebrate His becoming the God-man each Christmas.

After living a life in complete obedience to His Heavenly Father, a life without sin, He allowed Himself to be sacrificed. Through His death He provided a ransom for Adam’s race. He did everything that was necessary to satisfy God’s justice — for all of us.

That leaves each of us with a wonderful opportunity. Once we recognize our condition as a member of the sinful human race, all we have to do is fall on God’s mercy and accept His forgiveness. Not only is He willing to forgive us, but He graciously gives us eternal life. The Bible says, “He who believes in the Son [Jesus Christ] has eternal life: but he who disobeys the Son will not see life; but the wrath of God remains on him.” (John 3:36)

So, you may be doing a good job of exercising your temporal body. But have you looked out for the welfare of your eternal soul?

Unfortunately, God’s offer is only available to you so long as your body and spirit are together. Once they separate, once your physical body dies, your opportunity also dies.

Will you, right now, agree with God that you are a sinner, doomed for eternity, and accept the offer of His Son Jesus Christ as His gift of salvation? “Believe in the Lord Jesus Christ, and thou will be saved.” (Acts 16:31)

Do it today. The Bible reminds us that “it is reserved to men once to die, and after this, judgment.” (Hebrews 9:27)

(Bible quotations from the ACV.)