

Finding rest for your soul.



A story was told of a mentally deranged man called jimmy .J , whose daily routine was to pick pieces of plastics, can and dirty objects around him as he walk by the street and gather them by the side of the road.

Jimmy. j involve in this self-fulfilling activity every day of the week, every week of the month and every month of the year, he always look frustrated, weak, tired, tortured and weary as he carries the bag of dirty .

One day a man in the neighbourhood took note of jimmy and offered to be of help to him, the man promised to give him food, shelter , clothing and also medical attention . jimmy was happy to see someone who cares and is willing to help him, but his response to the good neighbour that offer to help was ...” sir with all due respect I am willing to accept the offer only on one condition” don’t give me medical attention because I think am okay mentally... what I just need from you is food, shelter and clothing.

I believe you must be surprised of the ignorance displayed by jimmy, who needed food , shelter and clothing from the good man but what he need the most is what he refuse to accept.

It is true that every mentally deranged persons thinks that they are the once that are mentally sound while others are not, but the reverse is the case. That was the basis of jimmy’s choice. We might laugh over jimmy’s choice and say that he got it wrong, that is true our judgement is right

But many people behave like Jimmy. They tell God ...” we need your food , shelter, and clothing but we don’t need REST for our SOUL... We don’t need salvation”.

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God is saying... "come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart ,and you will find rest for your souls. For my yoke is easy and my burden is light" Mathew 11:28-30

God is offering you an opportunity of rest for your soul, that which money cannot buy. You can get food, shelter and clothing which are the first three basic necessity of life which money can provide.

But rest for your soul comes from God and only him through his son Jesus Christ.

" For God so loved the world that he gave his one and only son, that whoever believes in him shall not parish but have eternal life. John 3:16 Are you sick, in pain, frustrated, unhappy of the unfairness of life, poor, hungry , held bond by drugs, sex, satanic influence, tired of life, failure , shame , disgrace and discouraged about life, angry with family members, friends ,neighbours, and even with GOD. You might not be going through any of these feelings but you know something is missing in your life, you know inside of you that something need to be address in your life.

I urge you to make good use of this opportunity to make a decision that will help you experience a new beginning and rest for your soul.

..... if you confess with your mouth, "Jesus is Lord," and believe in your heart that God Raised him from the dead, you will be SAVED. Romans 10:9 If we confess our sins, he is faithful and just and willing to forgive us our sins and purify us from all unrighteousness . 1 john1:9

For more prayers and counselling call 090 email

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