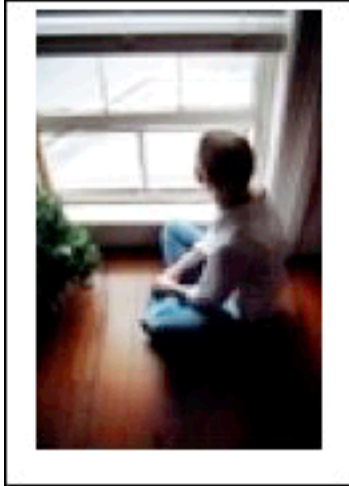


Loneliness...



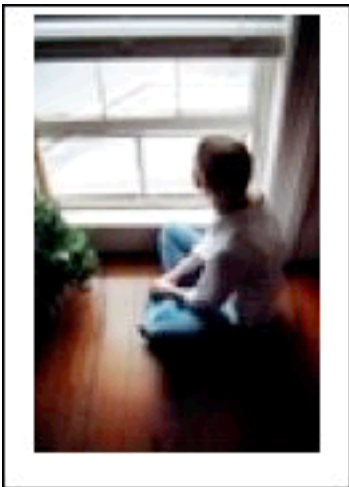
...is one of the worst feelings we can experience, yet with a little help it is one of the easiest to overcome. It is said that sometimes the loneliest place to be is in a crowd. Everyone else seems to fit in and is accepted, but you feel on the outside, rejected and all alone. No one seems to want you. Whether alone or in company, the feeling is always there.

The bible states **“God sets the lonely in families.”** (Psalm 68 v 6). To be together in relationship with other people is what God intended for everyone.



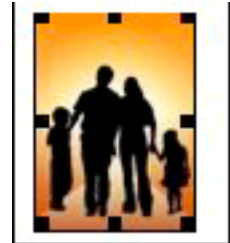
You may or may not have family you can be in relationship with; it may even be that ‘family’ is the cause of your problem. That is where the church fits in. The church is a place where many lonely people have found their lives turned around and experience the warmth of a new found family.

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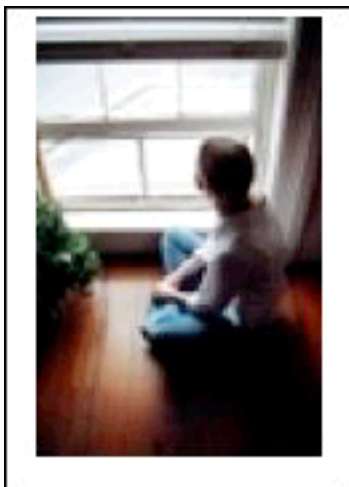
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Are you tired of your loneliness, are you worn out with frustration or despair? Jesus said, **"Come to me, all you who are weary and burdened, and I will give you rest.** (Mathew 11 v 28)

Millions of people have found that rest and peace through Jesus, God's son, and his death on the cross. As he hung on the cross in agony he saw his mother standing by and he asked one of his closest friends to take her into his family from that time on.

He has the same concern for you, that's why he died, first to pay the price for your sins before a holy God. It was also to cure your loneliness and bring you into the family of God.

If you can you really grasp that you will never be lonely again, for when Jesus comes into your life he stays with you forever. Jesus said, **"be sure of this, "I am with you always, even to the end of the age."** (Mathew 28 v 20)

Speak to God, ask him first to take away your sin and to bring you into a relationship with his son Jesus Christ. Then ask him to reveal why Jesus had to die and how it can change your life today.



If you find it difficult to pray try this,

"God I am so lonely, please help me and come into my life. I have sinned, please forgive me and give me the gift of eternal life through your son Jesus Christ. In faith I receive you as my Saviour, be my friend and help me to find a church family to which I can belong"

Believe in faith that your prayer has been heard and answered by God. Now contact a local church who can help you understand, and guide you to a church family where you can belong.

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