

## WHY WORRY?



Be anxious for nothing...  
Philippians 4:6

A story is told of a woman who was standing on a street corner crying profusely. A man came up to her and asked why she was weeping.

The lady shook her head and replied: "I was just thinking that maybe someday I would get married. We would later have a beautiful baby girl.

Then one day this child and I would go for a walk along this street, come to this corner, and my darling daughter would run into the street, get hit by a car, and die."

Now that sounds like a pretty ridiculous situation- for a grown woman to be weeping her eyes out because of something that would probably never happen.

Yet isn't this the way we respond when we worry? We take a situation which might never happen and build it up all out of proportion in our imagination.

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Yet isn't this the way we respond when we worry? We take a situation which might never happen and build it up all out of proportion in our imagination.

Someone once said, "Fear and worry are the interest we pay in advance on something we may never own." Worry is simply the misuse of God's creative imagination, which He has placed within each of us.

Worry is a route which leads from somewhere to nowhere. Don't let it direct your life. When fear rises in our mind, we should learn to expect the opposite of what we fear in our life.

The word worry itself is derived from an Anglo-Saxon term meaning "to strangle," or "to choke off." When we worry, we choke off the flow of God's power into our lives. The presence of fear indicates the absence of faith.

Worry is simply the triumph of fear over faith. In Psalm 55:22 the Bible says, "Cast your burden on the LORD, and He shall sustain you; He shall never permit the righteous to be moved."

Trust the Lord with all your heart and there will be no room for worry.

Prayer: Father, thank You for the assurance of Your abiding presence.

Scriptural Reading: Philippians 4:1-7

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