Psalm 90: A Prayer of Moses
The Man of God

This Psalm was the only one written by Moses and thus the oldest Psalm. From verses 7-12 we may judge that it was written at the end of 38 yrs. of wandering in the wilderness. It is a prayer for the new generation of Israelites who will enter the Promised Land. There are four parts to it’s message. First, Moses described the Eternality of God (vvvs. 1-2) Then, in contrast, he explores the brevity of man before God (vv. 3-6). Four key comparisons are used.
1. A thousand years are like one day to God. 2. A thousand years are like a watch in the night. (three hours) The implication of these comparisons is simple: If a thousand years to God are like a watch in the night, man’s life is like a vapor. 3. Your life is like a particle swept away by a flood.

4. Your life is like a blade of grass, that sprouts, fades, withers, and dies in a day. Moses was most qualified to speak of death, since he witnessed an entire generation perish in the wilderness. The third part of the psalm may be described as men who are condemned. (vvs. 7-10) Moses speaks here of the wilderness experience. Finally, he concludes with a petition (vv. 11-17) in which he asks the Lord that the Israelites might be given God’s work to do one more time, that is, the work of taking the Promised Land. This is from my King James Study Bible, and I was really drawn to it particularly because Moses wrote it.
Moses was the meekest man that ever lived the Holy Bible says, and he was so very important in his work on Earth for God and man. The Following then, is Psalm 90: LORD, Thou has been our dwelling (refuge) place in all generations.” “Before the mountains were brought forth, or ever Thou hast formed the earth and the world, even from Everlasting to Everlasting, Thou art God!” Thou turnest man to destruction: and sayest, Return, ye children of men.” “For a thousand years in Thy sight are but as yesterday when it is past, and as a watch in the night.” “Thou carryest them away as with a flood; they are as a sleep: in the morning they are as grass which groweth up.”

“In the morning it flourisheth, and groweth up; in the evening it is cut down, and withereth.” “For we are consumed by thine anger, and by Thy wrath are we troubled.” (terrified)

“Thou hast set our iniquities before Thee, our secret sins in the Light of Thy Countenance.” “For all our days are past away in Thy wrath; we spend our years as a sigh that is told.” “The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labor and sorrow; for it is soon cut off and we fly away.” “Who knoweth the power of thine anger?” “Even according to Thy fear, so is Thy wrath.” “So, teach us to number our days, that we may apply our hearts unto wisdom.” “Return, O Lord, how long?”

“And let it repent (pity in a favorable sense.) Thee concerning thy servant.” “O satisfy us early with Thy mercy: that we may rejoice and be glad all our days.” “Make us glad according to the days wherein Thou hast afflicted us, and the years wherein we have seen evil.” “Let Thy work appear unto thy servants, and thy glory unto their children.” “And let the beauty of the Lord our God be upon us: and establish Thou the work of our hands upon us; Yea, the work of our hands establish thou it.” Amen.

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