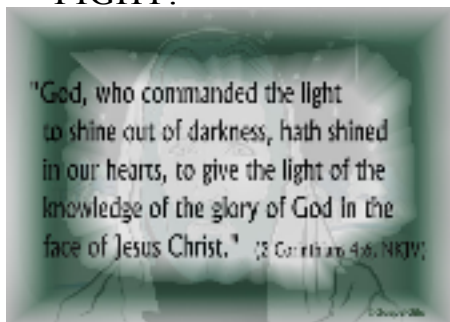


THE LORD WANTS YOU TO GET UP AND FIGHT!



The Lord wants you to get over dwelling on your symptoms from any affliction, and put your faith in the Lord God and keep your eyes looking straight at Him and believe what the Word says, and not react to your emotions or circumstances, which we tend to do, but to be and to stand firm, rooted and grounded in the Word of God.

When things look really bad, don't give up in despair...fight! Fight with the Sword of the Spirit...The Word of God! Hebrews 4:12. That is what it is has been provided for!

I know from experience that it may be the hardest thing you have ever done but we simply must do it, if we want to have victory over this thing; (in my case it is chronic stomach problems) and we need to be as consistent and persistent at turning away our negative thoughts and feelings about it as we can, because I have learned that the Lord will never give you more than you can handle or leave you nor forsake you, Loved One, even though it seems like you can't take another minute of suffering. Somehow, by God's Grace you do! 1 Corinthians 10:13, Hebrews 13:5

THIS IS WHAT I DO:

I apply the Word of God liberally to my to my body as the medicine it is.

I SEE myself Healed...I SEE my stomach and intestines and bowels healed and in wonderful working order and lining up with the Word of God. In other words, my whole digestive system

I SEE the food I eat coming into agreement with the Word of God as I consume it. and confess in faith, I am not Sick, I am WELL...by His stripes I am healed and my body is lining up to agree with the Words of God. I am speaking life and healing into my body!

First, I spent some time casting out the Spirit of Infirmity and Sickness and Pain, and any Doubt, or Unbelief, in Jesus Name, and really Parked are doing that for awhile. The devil and his demons can be very stubborn. And we may need to repeat the process as often as needed to really get your point across to them that you really mean business and that you Believe what the Word of God says over any negative feelings the devil and his demons are trying put on you!

They are trying to convince you that sickness is of God which is a blatant Lie but he is the father of lies! That's all we can expect from him!

If you have trouble with doubt and unbelief, like I did, just say, Lord, help Thou my unbelief, and nourish yourself and build yourself up with the Truth of the Word of God...Your Sword to do battle with the devil and the his demons in the spirit.

I have found that relief of symptoms isn't automatic but as you keep on with it and not giving in, or giving up, it can make you stronger in your faith and the more you confess it the more you will really believe it, and you will become determined to stick firm in the Truth of what's written in the Word of God which is at your disposal to use, and you will grow and you will grow from your continual confession of your faith in what it says. I have found that positive confession gets better and easier when you practice it over time with a lot of falling down and wanting to quit but Do get back up and start again.

That's always God's intention in making us wait to receive an answer to our prayers. He's perfecting our character. He's always working trying to do a work in you that is good for you.

I concentrate on Trusting in Jesus more than I trust in my circumstances or thoughts or feelings. That is the all important KEY! Living by emotions is like spinning your wheels and getting you no place! I always get into trouble when I let my emotions lead the way instead of the right way to think as is written in the Word of God.

TO CONTINUE ON:

My confession goes something like this in short form... I have a longer confession of Healing Scriptures in a couple of places on my healing page on my website

I will live and not die but live to declare the works of the Lord...for the Lord will restore health unto me and heal me of my wounds...Bless the Lord O my soul and ALL that is within me, BLESS His Holy Name...Bless the Lord O My soul and forget not ALL His Benefits....Who forgiveth all mine iniquities; Who healeth ALL my diseases...Who redeemeth my life from destruction; Who crowneth me with lovingkindness and tender mercies...Who satisfieth my mouth with GOOD things; so that my youth is renewed like the Eagles. Psalm 103:1-5

I will SING unto the Lord as long as I live...I will SING and give Praise to my God while I have my being. My meditation of Him shall be sweet; I will be GLAD in the Lord! Psalm 104:33

No Good thing with He withhold from them that walk uprightly. Ps. 84:11

I will be wait upon the Lord; and be of good courage and He shall strengthen mine heart. Ps. 27:14 I will be strong and of a good courage, I will fear not, neither will I be dismayed. ... For the Lord will go before me and fight for me; for the Battle is the Lord's! "Will He plead against me with His great power? NO; but He would put Strength in me!"

Job 23:6, Ps. 84:11, Ps. 27:14, Joshua 1:9, 1 Samuel 17:47

Many are the afflictions of the righteous but the Lord delivereth out of them all...I sought the Lord and He delivered me from all my fears...I will bless the Lord at ALL times! His praise shall continually be in my mouth.

Psalm 34

The Lord said, I am the Lord that Healeth Thee; I believe that and receive that healing now in Jesus name...and by His stripes I am healed. Thank you, Jesus. Exodus 15:26, 1 Peter 2:24

I am strong in the Lord and the power of His might! Not by might nor by power, but by My Spirit, saith the Lord of Hosts! Zechariah 4:6

Nay, in ALL things, I am MORE than a conqueror through Christ who Loved me, even before I was born. Romans 8:37

I can do ALL things through Christ who strengthens me! Philipians. 4:13 I call those things which be not as though they were... I call myself healed... Jesus took my infirmities and bare my sickness and by His stripes I am healed... Who His own Self bare my sins in His own body on the tree, that we being dead to sins, should live unto righteousness: by whose Stripes we WERE healed! For His Word shall not return unto Him Void but will accomplish all that He pleases. (And my healing pleases Him) I walk by faith and not by sight!

My healing has already been provided for by Jesus stripes... I HAVE my healing NOW... I have it NOW in Jesus Name... stomach and intestine and bowels, (Or whatever the afflictions) come in line with God's Word, function right and food that I am eating, agree with my stomach and the Word of God. And, I command any inflammation in my stomach to calm down as I apply the Word of God as medicine, and so on. In other words, Speak to your body parts to come in line with what the Word of God says. Phil. 4:13, Romans 4:17, Matthew 8:17, 1 Peter 2:24, Is. 55:11, 1 Corinthians 5:7

While I am preparing my food I say some nourishing scriptures like, For He satisfieth my mouth with good things so that my youth is renewed like the eagles... Jesus said to ask and ye shall receive that your joy may be full... I that I am asking in faith and I will eat this food and it will agree with me, in Jesus Name! And keep doing it every time I eat. Matthew 16:24 And all importantly, I thank Jesus for His generosity for providing the nourishing food and I'm careful to pick mostly healthy food--food that will benefit my body.

I keep in my mind: "Pleasant words are as an honeycomb, sweet to the soul, and Health to the bones." (And all your flesh) Pr.16:24.. I keep a cheerful outlook and always look for something to be thankful for everyday and who I can give a smile or more to that may put a bright spot in their day. You would be surprised how that will lift You up! "A merry heart maketh a cheerful countenance." and "He that hath a merry heart hath a continual Feast!" Proverb 15:13, 15

It may take some time but I do keep at it and I'll never give up even if it takes some time to see some results that are sure to come. God's medicine (His Word) always works and you can depend on it! But like any medicine, we need to give it time! And as I keep taking the medicine it will build my faith in the Word of God more and more over time, and the devil won't be able to deceive me into thinking it doesn't work because I will be rooted and grounded in the Word of God!

Since our bodies are under a lot of stress when we don't feel good we need to ask Jesus for help and talk to our various body parts to come in line with the Word of God.

I often pray, Lord, I pray for stability and balance and courage in my days and nights and help me to keep my focus on You and your Word, and not on my circumstances. I recommend that you ignore all negative comments and things that people say that don't build you up spiritually.

I also made sure I spent some time casting out the spirit of Infirmary and the spirit of Pain and I asked Jesus to help me with any unbelief or doubt I might have in His promises that He would heal me. That can be difficult when you are sick for a long time to stay focused on, sometimes. I tell the pain and sickness to go in Jesus Name... and I realized it may take some time and practice in applying that.

I lean on God heavily throughout all this and trust in Him. He deeply cares and wants to relieve my suffering and He has the best plan for each situation and we have to trust in Him. He's never wrong and His timing is perfect whatever the situation!

When you are overwhelmed; doing these type of things will probably help Quiet your spirit, as it does mine:

Sing or Say, the children's song, Yes, Jesus loves me many times as you feel moved to do so, and other favorite comforting Jesus songs. It may sound childish but we are all as little children in our hearts and we need to encourage ourselves that Jesus always loves us no matter what is happening in our lives.

I Alternate between singing hymns and worship songs to myself and to Jesus, and confess healing scriptures of His promises in His Word of His care for me. And I am always searching for more verses that appeal to my spirit to use to help encourage me, too, while I am trying to make it through another day, and night, taking it just one day and night at a time.

He gives us grace to get through one day at a time, and He helps me be determined to patiently, confidently, and expectantly to wait on His timing for my deliverance from this affliction in my body.

I also am doing a lot of positive self-talk and verses saying good faith builders too, like; "And Thanks be unto God who Always giveth the Victory through the Lord Jesus Christ." 1 Corinthians 15:57

And I spend as much time as I can with Jesus, communing with Him in worship and praise and thanking Him for His many blessings. I can always find something to be thankful for. I also play worship music Cd's a lot that I listen and worship Jesus to; and I would highly recommend you have some Cd's of the Holy Bible and play those also. It helps a great deal to have these things on to help keep your mind and heart on Jesus and not other things that will distract you.

And most importantly, I spend a lot of time speaking in tongues which is pouring out my heart unto God about everything I am going through which brings wonderful comfort and many times helps resolve whatever strife or stress I am going through at the time, and it gives me much needed rest in my mind even though my body doesn't always feel that much better but I usually get some relief for awhile.

If you haven't been filled with the Holy Spirit I urge you to go and read about it in Acts starting with Acts 2:38, 39 and John 7:37, 38, and then how to receive it in Luke 11:9-13.

Then seek and ask for this very wonderful, awesome gift that Jesus gives freely! The time when you receive it. you will be worshipping and loving Him... you will be adoring Him and giving Him your heart! There is no experience more wonderful in this world! There are many verses in Acts that bear out the Truth that Jesus is Still pouring out His Spirit, even to this very day and He will continue doing it until He comes again for us to take us to Heaven! Read all of Acts 2 Thanks for letting me share!

