At a time like this you may be asking yourself "why did it happen to you". The depression may have settled in and eaten so deep that you feel its just about time you gave up. You feel there's no further twist in your story and the light at the end of the tunnel is very far and dim, you also feel that your strength has reached its last ebb and there's just no one who can understand and bring you back to your life. If this describes you then this is another major upward twist in your life.

Jesus, the One, True sacrificial lamb told Paul in 2 Corinthians 12:9 My grace is sufficient for thee: for my strength is made perfect in weakness.. The full verse reads "And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me."

I really do not know what you are going through right now but Jesus says to you in Matthew 11:28-30 "Come unto me, all ye that labour and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. 30 For my yoke is easy, and my burden is light. His love is so profound and real that you can almost touch it every time you allow Him to step in. He'll do for you what your friends have failed to,

He'll speak to you the right words at the right time, and don't forget He is always very close to you, for the Bible says in Proverbs 18:24 "A man that hath friends must shew himself friendly: and there is a friend that sticketh closer than a brother." He wants to call you friend and be closer to you than anyone else.

He just wants you to trust Him to arrange the broken pieces of your life together, He loves you the way you are and wants to help you. That's why the bible records in Psalm 34:18 that "The Lord is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit."
Just open up your heart and arms to Him. He is ever willing and able to step into your life and help. James 4:8 says "Draw near to God and He will draw near to you...". All you have to do now is to open up your heart to accept Him. Allow Jesus, the Lamb of God, to direct you, to teach you, to heal you, to restore you, to forgive you and to give you a new life. - yes a brand new life. God loves you the way you are and wants to help you forever. John 3:16 says" For God so loved the world that He gave His only begotten Son. That whosoever believes in Him should not perish but have everlasting life."

Say this little prayer;

Dear Lord Jesus, I am sorry for my sins and I ask for your mercy and the blood you shed for me on the cross of calvary to wash away my sins. Please come into my life today and fill me with your love, now and forever and give me the grace to live for you. Amen.

Forget the issues you had before this prayer..."if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new." (2 corinthians 5:17 )

Study your bible on a consistent daily basis, to know His will,plan, purpose and promise for your life. Live your life devoid of depression, but rejoice always.

Attend a Bible-believing church and pray regularly. And as He has touched your heart. Do not forget to share him with others.

Do the work of an evangelist and live your life to be worthy to meet Him in the air on the last day.

God bless you,
I am happy for you.
Jesus truly loves you!! Amen.

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