

## WHAT IS THE ANSWER TO LONELINESS?



Are you miserable and you can't seem to find happiness anywhere? The answer is to reach out and help others! To make that your focus and forget about yourself! There is a world of lost, hurting people out there and they need you to reach out in love and concern for their needs in whatever way you can.

There's people that are in all kinds of conditions; sick, depressed, discouraged, poor, prisoners, lost and without any direction in their life. They badly need someone to care enough to reach out with love to help and/or encourage them.

It's important that you tell them that Jesus loves them and that He wants them to call out to Him for help. For them to make a choice to say they are sorry for their sins and surrender their lives to Him, if they haven't already done that. There are people that do belong to Jesus but are still are lonely and overwhelmed and need your kind and encouraging words.

You can make a difference in their life if you show your love towards everyone! It can make a big difference; just showing that you really care about them! You can have a smile and a kind word for everyone! Even if that's all you have time for before they move on. You can make a difference!  
You need to look around at how you can help people. Decide what you would be interested in doing and find the opportunity to do it. There are many places you can look.  
You could visit the sick and the prisoners and people who are discouraged and depressed.  
You could volunteer at the Hospital or help with disadvantaged children.

You could volunteer for an organization like the Jaycees in your community. There are single mothers who need encouragement, for example.

The most important thing to do help you with your loneliness is to read and ponder on your Bible every day; And to apply it to your life. The only pure, unaltered Bible in English today is the Authorized King James Bible. When you read it you can get deeper and deeper meaning from it the more times you read it.

These are all just examples. Everyone needs to be encouraged! I'm sure you have neighbors that need your love and caring.

You could pass out tracts, like from my webpage to give to people to help them get saved and be encouraged. The address is: [www.tracts.com/Karin'sTractPage.html](http://www.tracts.com/Karin'sTractPage.html)

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They are so easy to give out!  
Everyone is so friendly and almost everyone will take a tract and thank you for it! And you are working for Jesus when you do it to spread the Gospel! There is no greater reward than to do this!

Helping someone in any way you are able is the answer to everything!

Hear the Words of Jesus:

“Then shall the King (Jesus) say unto them on His right hand, Come ye blessed of My Father, inherit the kingdom prepared for you from the foundation of the world.”

“For I was hungered and ye gave Me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took Me in!”

“Naked, and ye clothed Me: I was sick and ye visited Me; I was in prison, and ye came unto Me”

“Then shall the righteous answer Him, saying, Lord, when saw we Thee an hungered, and fed Thee” or thirsty, and gave Thee drink?”

”When saw we Thee a stranger, and took Thee in? or naked, and clothed Thee?”

”Or saw we Thee sick, or in prison, and came unto Thee?”

“And the King (Jesus) shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these My brethren, ye have done it unto Me!”

Matthew 25:34-40

The most important thing you can do for yourself is to surrender your burdens to Jesus daily, and to let Him carry them for you! That is what He is there for! We aren't designed to carry our burdens. He made us for Himself, for us to love and serve Him and part of loving and serving Him above all else is to love one another, and help where we can.

Here is what Jesus says:

“Come unto Me, all ye that labour and are heavy laden, and I will give you rest.”

”Take My yoke (join with Me) upon you, and learn of Me; for I am meek and lowly in heart: and ye shall find rest unto your souls.”

“For My yoke is easy, and My burden is light!”

Matthew 11:28-30

Know that Jesus is very gentle and caring and He really wants to carry your burdens because He loves you more than you can ever imagine. Knowing this will enable you to love one another and reach out to help and encourage them. Jesus is the Friend who sticks closer than a brother! Proverbs 18:24

May He richly bless you as you work on loving Jesus with all your heart everyday and reach out to love and help others!

Joining a Full Gospel Church would help you alot.

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