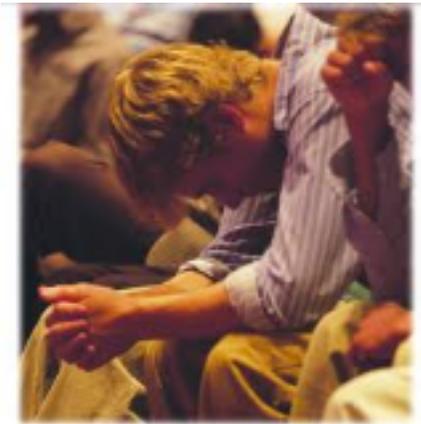


Worry is a Thief!



“The Thief cometh not, but for to Steal, and to Kill, and to Destroy: I am come that they might have Life and have it more abundantly,” Jesus said. John 10:10

Worry steals the quality of our life, and Jesus wants us to have peace and tranquility, and an abiding Trust in His wonderful care of us. When we worry we are allowing ourselves to listen to the “old man” that we were before we were born again and became a new creature in Christ.

Jesus said Fear not, in many places in the Holy Bible and worry is really a fear of the unknown. Most of the things that we worry about will never happen, Jesus wants us to give Him our burdens and Trust Him to take care of us, and just do what we think of to do in peace, trusting Him as we walk with Him each day.

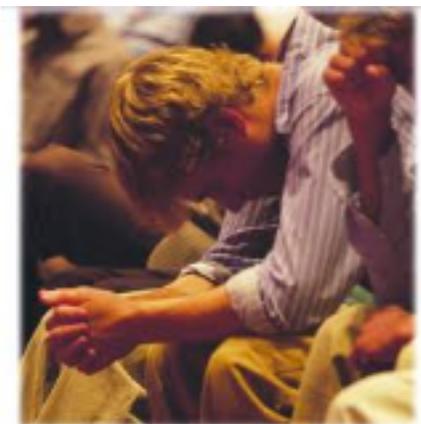
God is our Refuge, and Strength, a very present Help in Trouble...The Light that shineth in a dark place.

Here are some scriptures to share about Worry and God’s care of us: including some of first things I talked about: “Therefore, if any man be in Christ, he is a new creature: old things are passed away; behold, all things are new.” 2 Cor. 5:17

Jesus said, “Come unto Me, all you that labour and are heavy laden and I will give you Rest.” Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and you shall find Rest for your souls.” “For My yoke is easy and My burden is light.” Matt. 11:28-30 Meaning that the Lord is there to carry your burdens and even carry you when you feel like you can’t do it yourself.

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“Cast your burden upon the Lord, and He shall sustain thee: He shall never suffer (let) the righteous be moved.” Ps. 55:22

“Casting all your care upon Him for He careth for you.” 1 Peter 5:7 .” Ps. 56:3 “The Lord is Good, a Stronghold in the day of trouble; and He knoweth them that Trust in Him.” Nahum 1:7 “Fear thou not: for I am with thee: be not dismayed; for I am thy God: I will strengthen thee: Yea, I will help thee; Yea, I will uphold thee with the right hand of my righteousness.” Isa. 41:10

Here are some overcoming Bible verses you can say often, and you can find more in your Holy Bible:

“What time I am Afraid, I will Trust in the Lord.” Ps. 56:3

“I can do All things thru Christ who strengthens me.” Phil. 4:13 “Nay, I am more than a conqueror thru Him who loved me and washed me from my sins in His own blood.” Rom. 8:37, Rev. 1:5 “And I know that all things work together for good to them who love God to them who are the called according to His purpose.” Rom. 8:28 I walk by Faith and not by sight, (or how I feel.) 1 Cor. 5:7 “My God shall supply All my “Need” according to His riches in glory by Christ Jesus.” Phil. 4:19 “But thanks be unto God who Always giveth the victory through our Lord Jesus Christ.” 1 Cor. 15:57 “I will bless the Lord at all times: His praise shall continually be in my mouth.” Ps. 34:1 “The angel of the Lord encampeth round about them that fear Him, and delivereth them.” Ps.34:7

“Many are the afflictions (pressure-trouble) of the righteous, but the Lord delivereth him out of them all!” “The Lord is able to do exceeding abundantly above all that I can ask or think!” Eph. 3:20 “Now thanks be unto God who always causes us to Triumph in Christ...” 2 Cor. 2:14 “In everything give thanks: for this is the will of God in Christ Jesus concerning us.” 1 Thess. 5:18

Note: Positive confession from day to day is the key to help us be free from worry, and using scriptures combined with other positive things we say and do, will aid us to overcome all obstacles in our life. With some effort this will become a wonderful way of living, in the Light of what God’s Word says instead of our negative thoughts and feelings.

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