

## Worry is a Thief!



The thief (Satan) cometh not but for to Steal, and to Kill, and to Destroy: I come that they might have Life, and have it more abundantly, Jesus said in John 10:10

Worry steals the quality of our life, and Jesus wants you to have peace, tranquility; and an abiding Trust in His wonderful care of us. When we worry, we are allowing ourselves to listen to the “old man” that we were before we were born again, and became a new creature in Christ. The Holy Bible says to “Fear Not.” in many places, and it is unbelief in God’s care of us, when we are chronic worriers. Most of the things we worry about never happen. Jesus wants us to give Him our burdens and to Trust Him to help us overcome all our trials, by taking one day at a time, and trusting Jesus to help us in our walk with Him each day. “God is our refuge and strength; a very present Help in trouble.” Ps. 46:1

The following are some helpful scriptures:  
“Therefore, if any man be in Christ, he is a New Creature: old things are passed away; behold, all things are new.” 2 Cor. 5:17 Jesus said, “Come unto Me, all you that labour and are heavy laden and I will give you Rest...for My yoke is easy and My burden is light.” Matt. 11:28-30, meaning that we are to give our burdens to the Lord and trust Him to help us thru all things. “Cast thy burden upon the Lord, and He shall sustain thee: He shall never suffer (allow) the righteous to be moved.” Ps. 55:22

## Worry is a Thief!

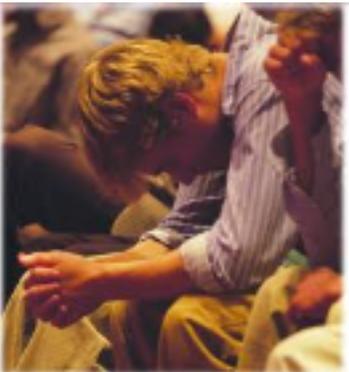


The thief (Satan) cometh not but for to Steal, and to Kill, and to Destroy: I come that they might have Life, and have it more abundantly, Jesus said in John 10:10

Worry steals the quality of our life, and Jesus wants you to have peace, tranquility; and an abiding Trust in His wonderful care of us. When we worry, we are allowing ourselves to listen to the “old man” that we were before we were born again, and became a new creature in Christ. The Holy Bible says to “Fear Not.” in many places, and it is unbelief in God’s care of us, when we are chronic worriers. Most of the things we worry about never happen. Jesus wants us to give Him our burdens and to Trust Him to help us overcome all our trials, by taking one day at a time, and trusting Jesus to help us in our walk with Him each day. “God is our refuge and strength; a very present Help in trouble.” Ps. 46:1

The following are some helpful scriptures:  
“Therefore, if any man be in Christ, he is a New Creature: old things are passed away; behold, all things are new.” 2 Cor. 5:17 Jesus said, “Come unto Me, all you that labour and are heavy laden and I will give you Rest...for My yoke is easy and My burden is light.” Matt. 11:28-30, meaning that we are to give our burdens to the Lord and trust Him to help us thru all things. “Cast thy burden upon the Lord, and He shall sustain thee: He shall never suffer (allow) the righteous to be moved.” Ps. 55:22

## Worry is a Thief!



The thief (Satan) cometh not but for to Steal, and to Kill, and to Destroy: I come that they might have Life, and have it more abundantly, Jesus said in John 10:10

Worry steals the quality of our life, and Jesus wants you to have peace, tranquility; and an abiding Trust in His wonderful care of us. When we worry, we are allowing ourselves to listen to the “old man” that we were before we were born again, and became a new creature in Christ. The Holy Bible says to “Fear Not.” in many places, and it is unbelief in God’s care of us, when we are chronic worriers. Most of the things we worry about never happen. Jesus wants us to give Him our burdens and to Trust Him to help us overcome all our trials, by taking one day at a time, and trusting Jesus to help us in our walk with Him each day. “God is our refuge and strength; a very present Help in trouble.” Ps. 46:1

The following are some helpful scriptures:  
“Therefore, if any man be in Christ, he is a New Creature: old things are passed away; behold, all things are new.” 2 Cor. 5:17 Jesus said, “Come unto Me, all you that labour and are heavy laden and I will give you Rest...for My yoke is easy and My burden is light.” Matt. 11:28-30, meaning that we are to give our burdens to the Lord and trust Him to help us thru all things. “Cast thy burden upon the Lord, and He shall sustain thee: He shall never suffer (allow) the righteous to be moved.” Ps. 55:22

“The Lord is Good, a stronghold in the day of trouble: and He knoweth them that Trust in Him.” Nahum 1:7 “Casting all your care upon Him for He careth for you.” 1 Peter 5:7 “Fear thou not: for I am with thee: be not dismayed; for I am thy God: I will strengthen thee: Yea, I will help thee; Yea, I will uphold thee with the right hand of My righteousness.” Isa. 41:10 “I sought the Lord, and He heard me, and delivered me from all my fears.” Ps. 34:4 “They that Trust in the Lord shall be as Mount Zion, which cannot be removed, but abideth for ever!” Ps. 125:1

**Here are some scriptures that will help you overcome:**

“What time I am Afraid, I will Trust in Thee.” Ps. 56:3 I will Trust in the Lord with all my heart and lean not unto my own understanding. Pr. 3:5-6 I can do all things thru Christ which strengthens me.” Phil. 4:13 Nay, in all things I am more than a Conqueror thru Jesus who loves me. Romans 8:37 “And I know that all things work together for good to them that love God.” Rom. 8:28 “If God be for us, Who can be against us!” We walk by Faith, not by sight, or how by we feel. 1 Cor. 5:7 “My God will supply all my “Need” according to His riches in glory by Christ Jesus.” Phil. 4:19 “I will bless the Lord at all times: His praise shall continually be in my mouth.” Ps. 34:1 “In everything give thanks, for this is the Will of God in Christ Jesus concerning us.” 1 Thes. 5:18

“Now thanks be unto God who always causeth us to triumph in Christ.” 2 Cor. 2:14  
“Many are the afflictions (adversity) of the righteous, but the Lord delivers us out of them all!” Ps. 34:19



[www.tracts.com/Karin'sTractPage.html](http://www.tracts.com/Karin'sTractPage.html)

CUT--HERE

“The Lord is Good, a stronghold in the day of trouble: and He knoweth them that Trust in Him.” Nahum 1:7 “Casting all your care upon Him for He careth for you.” 1 Peter 5:7 “Fear thou not: for I am with thee: be not dismayed; for I am thy God: I will strengthen thee: Yea, I will help thee; Yea, I will uphold thee with the right hand of My righteousness.” Isa. 41:10 “I sought the Lord, and He heard me, and delivered me from all my fears.” Ps. 34:4 “They that Trust in the Lord shall be as Mount Zion, which cannot be removed, but abideth for ever!” Ps. 125:1

**Here are some scriptures that will help you overcome:**

“What time I am Afraid, I will Trust in Thee.” Ps. 56:3 I will Trust in the Lord with all my heart and lean not unto my own understanding. Pr. 3:5-6 I can do all things thru Christ which strengthens me.” Phil. 4:13 Nay, in all things I am more than a Conqueror thru Jesus who loves me. Romans 8:37 “And I know that all things work together for good to them that love God.” Rom. 8:28 “If God be for us, Who can be against us!” We walk by Faith, not by sight, or how by we feel. 1 Cor. 5:7 “My God will supply all my “Need” according to His riches in glory by Christ Jesus.” Phil. 4:19 “I will bless the Lord at all times: His praise shall continually be in my mouth.” Ps. 34:1 “In everything give thanks, for this is the Will of God in Christ Jesus concerning us.” 1 Thes. 5:18

“Now thanks be unto God who always causeth us to triumph in Christ.” 2 Cor. 2:14  
“Many are the afflictions (adversity) of the righteous, but the Lord delivers us out of them all!” Ps. 34:19



[www.tracts.com/Karin'sTractPage.html](http://www.tracts.com/Karin'sTractPage.html)

CUT--HERE

“The Lord is Good, a stronghold in the day of trouble: and He knoweth them that Trust in Him.” Nahum 1:7 “Casting all your care upon Him for He careth for you.” 1 Peter 5:7 “Fear thou not: for I am with thee: be not dismayed; for I am thy God: I will strengthen thee: Yea, I will help thee; Yea, I will uphold thee with the right hand of My righteousness.” Isa. 41:10 “I sought the Lord, and He heard me, and delivered me from all my fears.” Ps. 34:4 “They that Trust in the Lord shall be as Mount Zion, which cannot be removed, but abideth for ever!” Ps. 125:1

**Here are some scriptures that will help you overcome:**

“What time I am Afraid, I will Trust in Thee.” Ps. 56:3 I will Trust in the Lord with all my heart and lean not unto my own understanding. Pr. 3:5-6 I can do all things thru Christ which strengthens me.” Phil. 4:13 Nay, in all things I am more than a Conqueror thru Jesus who loves me. Romans 8:37 “And I know that all things work together for good to them that love God.” Rom. 8:28 “If God be for us, Who can be against us!” We walk by Faith, not by sight, or how by we feel. 1 Cor. 5:7 “My God will supply all my “Need” according to His riches in glory by Christ Jesus.” Phil. 4:19 “I will bless the Lord at all times: His praise shall continually be in my mouth.” Ps. 34:1 “In everything give thanks, for this is the Will of God in Christ Jesus concerning us.” 1 Thes. 5:18

“Now thanks be unto God who always causeth us to triumph in Christ.” 2 Cor. 2:14  
“Many are the afflictions (adversity) of the righteous, but the Lord delivers us out of them all!” Ps. 34:19



[www.tracts.com/Karin'sTractPage.html](http://www.tracts.com/Karin'sTractPage.html)